



...where faith
and community
meet...

Calvary
Church
Women's
Ministry

winter/spring 2009

Calvary Church Women's Ministry



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Week at a Glance

Monday	<ul style="list-style-type: none"> • 6:00pm - Women's Volleyball • 7:00pm - Celebration Bible Study
Tuesday	<ul style="list-style-type: none"> • 9:15am - Just for Moms Bible Study <li style="padding-left: 20px;">Beth Moore Bible Study <li style="padding-left: 20px;">By the Book Bible Study <li style="padding-left: 20px;">Celebration Bible Study <li style="padding-left: 20px;">Precept Bible Study • 11:45am - Prayer Team (once a month) • 7:00pm - Beth Moore Bible Study
Wednesday	<ul style="list-style-type: none"> • Apples of Gold • 9:30am - Exercise Class
Thursday	<ul style="list-style-type: none"> • 9:00am - MOPS (bi-weekly) • 9:30am - First Place 4 Health • 10:00am - Prayer Shawl (2nd and 4th of the month) • 6:30pm - First Place 4 Health • 7:00pm - Prayer Shawl (2nd of the month)
Friday	<ul style="list-style-type: none"> • 9:30am - Women's Golf (May - September: weather pending) • 12:30pm - CHE (3rd of the month)

Good to Know

✓ Throughout this guide, the heart symbol (♥) indicates that childcare (birth through kindergarten) is available.

✓ Return or mail your registration form by **Tuesday, December 16** to:

Calvary Church
 Women's Ministry
 P.O. Box 1600
 Grand Rapids, MI 49501

Please make checks payable to: **Calvary Church.**

No email or phone registrations can be accepted.

Thank you!



Lorie Dewey
Pastoral Staff Representative

"And I pray that you, being rooted and established in love, may have power, together with all the saints, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge - that you may be filled to the measure of all the fullness of God" (Ephesians 3:17-19).

I recently read an article *Roots: The Hidden Half of Growth* published by Michigan State University's Horticulture Extension. While reflecting on the information about plant life, I readily correlated this image to our growth as believers and what this winter season might hold for all of us.

Winter has come and the trees, vines and bushes that bear our Michigan fruit crops have lost their leaves and gone dormant for the winter... We may think that the whole plant has gone dormant but this is hardly the case. In the ground, the roots are active and growing... All of us know that our plants have roots, but we just don't think about them. It's hard to imagine things we cannot see, touch or feel. (But we know) that in the soil roots are growing and getting ready to supply that explosive burst of green leafy growth that comes every spring.

As you study God's word and fellowship in His house this winter season may your roots grow deep that in due time you may burst forth with new life!

A handwritten signature in black ink, appearing to read "Lorie".

Women's Ministry Staff

Lorie Dewey
Pastoral Staff Representative

Lynette Fall
Administrative Assistant

Publications Team

Jeanna Finch and
Kristine Heckathorn

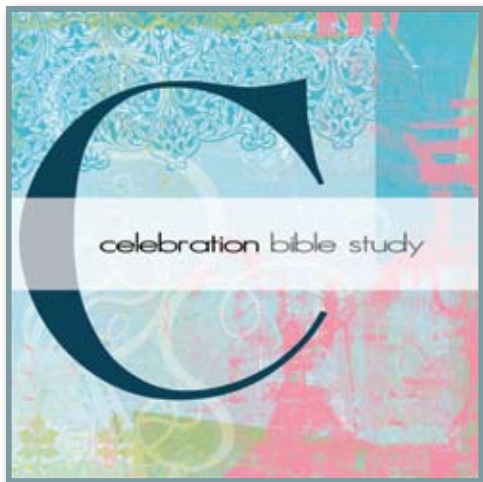
How To Use This Guide

- 1) Review the variety of topics and times to your left in the Table of Contents.
- 2) Read about programs or services that interest you on the page indicated.
- 3) Realize the great opportunities to encounter God, friends and community.
- 4) Register your choices by **Tuesday, December 16**, using the form on page 11.
- 5) Orders received after December 16 will be processed in order of receipt and will be accepted on a space available basis.

Celebration Bible Study

Celebrate the abundant life that Jesus Christ gives us through our large group Bible Study. Each meeting begins in small groups for prayer, encouragement and discussion of the week's lesson. Then all of the groups join together for a time of worship and teaching.

♥ Childcare available Tuesday morning only



A continuation of the study:
The Word Made Flesh: A Study of The Book of John
Written by: Dawnae Richards

New registrants are welcome!

Monday evening

January 5 - April 27
Time: 7:00 – 8:30pm
Location: Chapel
Fee: \$5
(*men are welcome*)
Register in advance (see page 11).

Tuesday morning

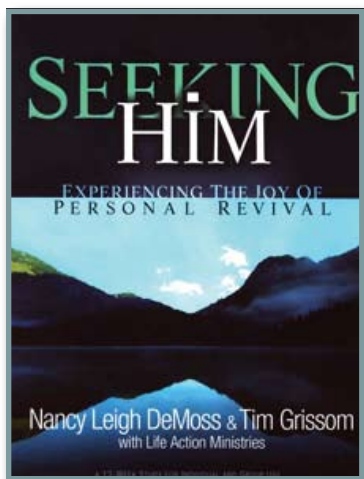
January 6 - May 5
Time: 9:15 – 11:15am
Location: Chapel
Fee: \$5
Register in advance (see page 11).

By The Book Bible Study

Do you feel “stuck” in your spiritual journey? Are you ready to set sail for personal revival? You’ll be renewed and revitalized while exploring topics such as honesty, humility, repentance, grace, obedience and more through this impacting study.

By the Book focuses on creating a relaxed, intimate atmosphere where women study the application of God’s Word in daily living. Each group represents approximately 12 participants with one leader.

♥ Childcare available



Seeking Him: Experiencing the Joy of Personal Revival
Written by: Nancy Lee DeMoss & Tim Grissom

Tuesday morning

January 6 - May 5
Time: 9:15-11:15am
Location: Entrance K
Fee: \$19
Register in advance (see page 11).

Just for Moms

Just for Moms provides a refreshing place for women to receive renewal, encouragement and affirmation through God's Word. Choose from two electives: Getting Real or Going Deeper.

Getting Real offers biblical perspectives on issues impacting today's moms. Learn from the book *The Mission of Motherhood: Touching Your Child's Heart for Eternity*.

Going Deeper leads moms through an in-depth study of God's Word. Find great truths in *Proverbs: Life Change Bible Study Series*

♥ Childcare available

Tuesday morning

Getting Real

The Mission of Motherhood

January 6 - May 5

Time: 9:15 - 11:15am

Location: Entrance K

Fee: \$14

Register in advance (see page 11).

Going Deeper

Proverbs

January 6 - May 5

Time: 9:15 - 11:15am

Location: Entrance K

Fee: \$9

Register in advance (see page 11).



Bible Studies by Beth Moore

Queen Esther's life was no fairy tale. An outsider, foreigner and orphan, she encountered an evil plot to destroy her people. Esther's Old Testament profile offers up courage and modern parallels for today's overloaded and stressed woman. Through her poignant and personal story of threat and deliverance, you will find aid and assurance to manage in hurried and harried times. If you've felt inadequate or discouraged, the lessons of Esther's destiny deliver inspiration to press on. No glass slipper required.

Study is presented in video and workbook format.

♥ Childcare available Tuesday morning only

Tuesday Morning

Esther: It's Tough Being a Woman

January 6 - May 5

Time: 9:15 - 11:15am

Location: Entrance K

Fee: \$19

Register in advance (see page 11).

Tuesday Evening

Esther: It's Tough Being a Woman

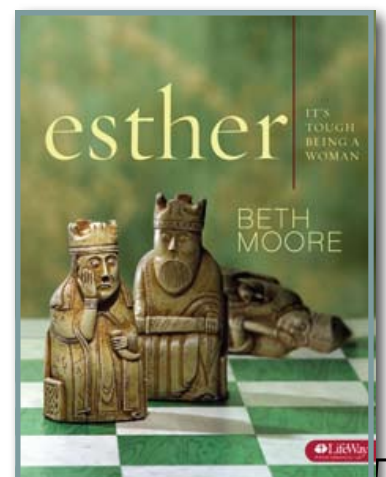
January 6 - May 5

Time: 7:00 - 9:00pm

Location: Entrance K

Fee: \$19

Register in advance (see page 11).

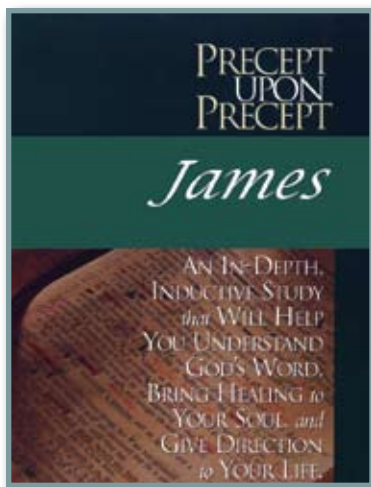


Precept Bible Study by Kay Arthur

In a day when false teachers are leading countless people astray, we need to know the truth. Learn to live effectively in Christ and grow in spiritual discernment.

Precept upon Precept offers an in-depth, inductive study using the Bible as its primary source. These lessons will help you understand God's Word, bring healing to your soul and give direction to your life.

♥ Childcare available



Tuesday morning

James

January 6 - May 5

Time: 9:15 - 11:15am

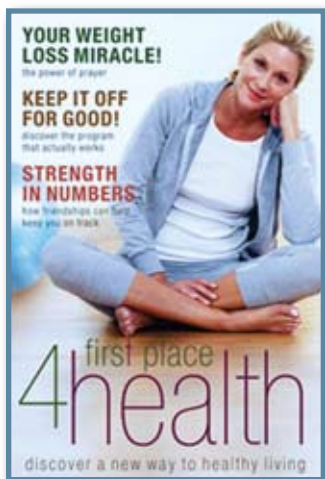
Location: Entrance K

Fee: \$19

Register in advance (see page 11).

First Place 4 Health

First Place 4 Health is a biblical approach to weight loss and overall health management that meets year round. Using a small group support system, the meetings incorporate a Bible Study, Scripture memorization, prayer, balanced eating and exercise. Each thirteen-week session meets four times per year and includes a one-time orientation. The program provides the opportunity to enjoy a more abundant life, as Christ becomes Lord of the spiritual, mental, emotional and physical areas of each member's experiences. For more information, visit firstplace.org.



Winter (12-week study)

Orientation: Saturday, January 10
(9:00-11:00am)

Dates: January 22 - April 9

Spring (12-week study)

Orientation: Saturday, April 25
(9:00-11:00am)

Dates: May 7 - July 23

Small Group Meetings:

Thursday morning: 9:30 - 11:30am

Thursday evening: 6:30 - 8:30pm

Location: Room 207

Book fee: \$20

\$100 one-time membership kit

Register during orientation

Contact: Stephanie Schuler

Phone: (616) 706-8588

Email: stephanieschuler@yahoo.com

MOPS (Mothers of Preschoolers)

Women with children from birth through kindergarten meet for a great time of spiritual enrichment, encouragement, support and fun! MOPS (Mothers of Preschoolers) are blessed through a group of Mentor Moms who pray and provide godly counsel. Topics presented by professionals in their field include mothering, womanhood and family.

MOPS also offers affinity groups three times per semester for activities such as scrapbooking, jewelry making, knitting, exercise and creating family traditions. To help with costs for programs, mom's occasionally assist with MOPPETS, a nursery and preschooler program.

♥ Childcare available

Thursday morning *biweekly*

January 8 - May 7

Time: 9:00-11:15am

MOPS Registration Fee: \$20

Semester Fee: \$30

Registration forms for MOPS are available at calvarymops.cc, at the Information Center or at the Women's Ministry bulletin board in the lower level office area.



Apples of Gold

The Apples of Gold ministry shines a light on God's exhortation in Titus 2:3-5 for older women to teach what is good and to train the younger women. By using the platform of cooking and hospitality, a team of six mature women mentor a class of young women each week. Seasoned by the joy of sharing life experiences together, the atmosphere is fun and relaxed. The insightful teachings shared relate to marriage, family and children.

You can learn more by visiting applesofgold.org.

Wednesday

Seven-Week Sessions: Dates Vary

Contact: Pat Cebulski to register

Phone: (616) 855-4008

Email: polishfolk@gmail.com

Fees apply. Space is limited.



Sports for Women

Volleyball

Monday Evenings

September - June

Time: 6:00 – 8:00pm

Location: Calvary Church Gym

No fee or childcare

A short devotional time follows.



Exercise Class

Wednesday Mornings

September - June

Time: 9:30 – 11:00am

Location: Calvary Church Gym

No fee or childcare

Led by a certified instructor and a physical therapist. Enjoy Tae Bo®, pilates, stretching, weight lifting and games. Devotional offered fourth Wednesday from 11:00-11:30am.

Golf

Friday Mornings

May - September

Tee off: 9:30am

Location: Gracewil Country Club

Fees: Contact the country club for greens fee.

No substitutes or registration required. Great exercise and you decide when you can play.

Contact: Mary Wilcox

Phone: (616) 949-5763

Women over the age of 16 welcome for all sports.

Register in advance (see page 11).

Complete the injury waiver and general release form (see page 12).

Calvary Home Educators (CHE)

Calvary Home Educators (CHE) support the unique needs of home schooling moms. Through prayer and encouragement, moms sustain one another on the journey. At the monthly meetings and beyond, you will find understanding hearts and a place to gather perspectives from educators with similar experiences.

♥ Childcare available



Interested? Join anytime.

Third Friday of every month

January - May

Time: 12:30pm

Location: Room 135

Contact: Cindy Gronsman

Phone: 459-7016

Email: gronsman@sbcglobal.net

Childcare available -
R.S.V.P.

Contact: Karen VanHolstyn

Phone: 956-9377, ext. 5173

Email: kvanholstyn@cc.mi.org

Prayer



Prayer Team

A team of women meet each month to pray for the leaders and participants associated with Women's Ministry at Calvary Church. These ladies faithfully ask that God be glorified throughout all programs and that lives are touched for the kingdom.

Prayer Shawl

Do you like to knit or crochet? Through your creations, imagine comforting the lives of people experiencing chronic illness, those under going medical treatment or someone suffering or grieving. You may craft prayer shawls at home or when you join us for morning or evening sessions. Patterns are supplied. Prayer Shawl welcomes yarn donations from participants or anyone wishing to contribute materials.

First Tuesday of the Month

January-May
Contact: Laurie Droge
Phone: (616) 874-6445
Time: 11:45am
Location: Room 215a

Morning Session

2nd and 4th Thursday
January-May
Contact: Laurie Droge
Phone: (616) 874-6445
Time: 10:00am
Location: Room 215a

Evening Session

2nd Thursday
January-May
Contact: Laurie Droge
Phone: (616) 874-6445
Time: 7:00pm
Location: Room 215a

Forgiven & Set Free



Did you know that one in four women in the church are affected either directly or indirectly by the decision of abortion? Through the Forgiven and Set Free Bible Study, you can experience healing and hope. If you are struggling in silent pain, God loves you and desires to touch you with forgiveness. On this journey, you will learn to rest in His amazing promises, to be free of despair and loneliness. By taking this step, you can expect to receive tender deliverance and release. Confidential help is close by. Please contact Karen Marsman who will be happy to meet with you.

Contact: Karen Marsman
Phone: (616) 696-4810
Email: kmarsman@pathway.net
Fee: \$15



CORNERSTONE UNIVERSITY PRESENTS

THE 4TH ANNUAL

Women's Leadership Conference

BECOMING A WOMEN OF INFLUENCE
BY FALLING IN LOVE WITH JESUS

FEBRUARY 13-14, 2009

GRAND RAPIDS THEOLOGICAL SEMINARY
(ON THE CAMPUS OF CORNERSTONE UNIVERSITY)
3000 LEONARD NE • GRAND RAPIDS, MI

Featuring: Dee Brestin and Frances Drost



For more information about going as a group, contact
Margie Brady (mugsb1720@aol.com) at (616) 455-5256.



Ukraine Mission Trip

June 11-21



Leaving soon! Our assembled team travels to Odessa, Ukraine to work with Calvary Church missionary Denise Carter, June 11-21. You can begin now to pray for their preparations, for unity of this unique team along with physical and financial support. Watch for announcements in early Spring about how you can donate items and meet defined needs. For more information, contact Dawn Snedeker (marvdawn@comcast.net) at (616) 361-1115.



Girl Care

When young women head into the college classroom, Girl Care delivers. Thoughtful "care packages" may include food, cosmetics, books or journals. As young women face social, academic and spiritual challenges, these boxes of love demonstrate support from their church family with prayers tucked inside. The Girl Care group meets several times per year to plan, pray and assemble. Donations of items, time and funds help to impact the emotional, spiritual, physical and mental well-being of lives near and far.

Interested?

Contact: Karen Marsman
Phone: (616) 696-4810
Email: kmarsman@pathway.net

REGISTRATION FORM - PLEASE PRINT **NO** PHONE OR EMAIL REGISTRATIONS CAN BE ACCEPTED
 REGISTRATION DEADLINE: **TUESDAY, DECEMBER 16, 2008** THANK YOU!

Name		Address	
City		Zip	Phone Number
Email Address			Church you attend
Circle your age group:		Have you attended a Calvary Church Bible Study before? (Circle one)	
20s	30s	40s	50s
60s	70s or older	Yes	No

Bible Study Selections: please check the morning or evening session of your choice.

Day	Title	Page	Dates	Times	Fees	CHILDCARE FORM* (Do Not Remove From Registration Form)				
Monday	<input type="checkbox"/> Volleyball <i>(fill out waiver on page 14 with registration form)</i>	8	January - June	6:00-8:00pm	No fee	Relationship to child if not parent or guardian:				
	<input type="checkbox"/> Celebration Bible Study	4	January 5 - April 27	7:00-8:30pm	\$5	Cell phone number (during your study):				
Tuesday	<input type="checkbox"/> Just for Moms: Getting Real	5	January 6 - May 5	9:15-11:15am	\$14	Child's name (last name if different)	Birthdate (m/d/y)	boy/girl	Age	Potty Trained?
	<input type="checkbox"/> Just for Moms: Going Deeper	5	January 6 - May 5	9:15-11:15am	\$9					
	<input type="checkbox"/> By the Book Study	4	January 6 - May 5	9:15-11:15am	\$19					
	<input type="checkbox"/> Beth Moore: Esther	5	January 6 - May 5	9:15-11:15am	\$17	Special needs of child (specify child's name if multiple children being registered):				
	<input type="checkbox"/> Celebration Bible Study	4	January 6 - May 5	9:15-11:15am	\$5	Childcare scholarships available – see page 12. Please contact Karen VanHolstyn (kvanholstyn@cc.mi.org) at 956-9377, ext. 5173 for additional information.				
	<input type="checkbox"/> Precept Bible Study	6	January 6 - May 5	9:15-11:15am	\$19	*Payment options for Childcare (17-weeks):				
	<input type="checkbox"/> Beth Moore: Esther	5	January 6 - May 5	7:00-9:00pm	\$17	Children	1	2	3 +	
Wednesday	<input type="checkbox"/> Exercise Class <i>(fill out waiver on page 14 with registration form)</i>	8	January - June	9:30-11:00am	No fee	Per week	\$3.00 / wk	\$5.00 / wk	\$7.00 / wk	
	<input type="checkbox"/> First Place 4 Health	8	January 22 - April 9 May 7 - July 23	9:30-11:30am	Register at orientation	Full term (September-December)	\$51.00	\$ 85.00	\$ 119.00	
	<input type="checkbox"/> First Place 4 Health	8	January 22 - April 9 May 7 - July 23	6:30-8:30pm	Register at orientation	Do you need financial assistance with registration costs? <input type="checkbox"/> Full cost <input type="checkbox"/> Partial amount				
Thursday	<input type="checkbox"/> First Place 4 Health	8	January 22 - April 9 May 7 - July 23	9:30-11:30am	Register at orientation	Checks payable to Calvary Church. Check #: _____				
	<input type="checkbox"/> First Place 4 Health	8	January 22 - April 9 May 7 - July 23	6:30-8:30pm	Register at orientation	Fees (if applicable): _____ Childcare (if applicable): + _____				

Total Amount Enclosed: =

Financial Assistance & Scholarships

Scholarships are gladly offered to those with financial needs. We are pleased to assist with registration and childcare costs. Kindly indicate your request on the registration form and we will be happy to connect with you.

Questions?

Contact: Lynette Fall
Call: 956 - 9377, ext. 5186
Email: lfall@cc.mi.org
Website: calvary-church.net

Injury Waiver and General Release Form

By signing your name below as a participant in the Calvary Church **Women's Sports Ministries:**

- Volleyball
- Women's Exercise Class,

you acknowledge that participation in the class exposes you to a possible risk of personal injury. You being fully aware that participation in the class exposes you to a possible risk of personal injury, hereby release Calvary Church, the instructors, leaders, coordinators, directors, employees, independent contractors, and affiliates, from any and all liability from property damage, personal injuries or other claims arising from or in connection with your participation in the class including that which may be known and unknown, foreseen and unforeseen, future or contingent. You covenant that you shall not or at any time in the future, directly or indirectly, commence or prosecute any actions, suit or other proceeding against Calvary Church, its sports ministries, instructors, leaders, coordinators, directors, employees, independent contractors, and affiliates, arising out of or relating to the actions or causes of action. All claims and demands are hereby waived, released or discharged by you. You acknowledge that you have read and fully understand this Injury Waiver and General Release Form. This agreement shall be binding on you, your spouse, your children, legal representatives, heirs, successors, and assigns.

Signature: _____

Date: _____

*Please notify your physician that you are participating in an exercise program if you are pregnant, 40 or older, or if you have any of these problems: history of heart problems, recent Surgery, high blood pressure, history of lung problems, high cholesterol, diabetes, a chronic illness, more than 25 pounds overweight, history of heart problems in your family, muscle, joint or back disorder that could be aggravated by physical activity. A physician consent form must be filled out and returned as soon as possible. Please notify the instructor of any exercise modifications your physician advised you to make.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: (____) _____

Email: _____



TLC for Women

The Pastoral Care Ministry at Calvary Church provides many TLC (Tender Loving Care) programs and services for Women. At the Yellow House (north of the church on Bradford Street), staff and volunteers nurture, care and express Christ's love. For more information about any of the following opportunities, please contact Regina Scovill (rscovill@cc.mi.org) at 956-9377, ext. 3672.

Benevolence	If you are struggling to meet an urgent, financial need, benevolent resources are available for members or regular attendees. Designed to be short-term, this assistance provides help through a difficult situation.
Caring Hearts	Caring Hearts is a shepherding ministry of Kingdom Kids that encourages and walks with your family. If you or your child requires a hospital stay, faces an upcoming surgery, has a long term illness or disability or needs long-term care, you will find compassion and strength here.
Chera	Chera (pronounced Ke'ra) means "widowed" or "bereft" in Greek. This group reaches out with the comfort found in Jesus to those who have lost spouses. Chera offers perspective from speakers along with support from others walking this same complex path.
DivorceCare	Find practical insights and learn how to recover from the pain of divorce and move forward to rebuild your life. People who have been there lead this impacting, 13-week support group and seminar.
DivorceCare for Kids (DC4K)	DC4K provides a safe, neutral place for kids impacted by the separation or divorce of their parents. Correlating topics with the 13-week DivorceCare group, the program offers engaging activities. The children learn to understand and express their emotions and feelings, develop coping skills and learn comfort through biblical teachings.
Financial Ministries	These proven programs assist individuals and families with the basics of personal money management through budget counseling and financial workshops. Examples include the Dave Ramsey Financial Peace University and Good \$ense®.
Food Pantry / Clothes Closet	If you are experiencing financial difficulties, be sure to access the services of the Food Pantry and Clothes Closet.
Friends & Helpers	Friends & Helpers assist you in navigating personal or relationship challenges. Specially trained, mature and gifted Christian men and women (though not licensed mental health professionals), provide free, confidential services. They will stand alongside with support and encouragement through your struggle.
Grieving Hearts	Wherever you may be in your grief walk, Grieving Hearts extends comfort and encouragement. If you have lost a child through miscarriage, still birth, during infancy or early childhood, someone who understands the hurt will share in your journey.
Marriage Counseling	Could your relationship use a tune up? Strengthen your marriage through targeted, biblical counseling.
Parenting Solo with Spirit (PSS)	This Sunday morning adult congregation class for single parents encourages with a purpose. PSS focuses on understanding God's desire for your family.
Single Parent Kids Christmas Party	Come celebrate special times for single parent families during the Christmas holidays.

Café des amis

Café of Friends

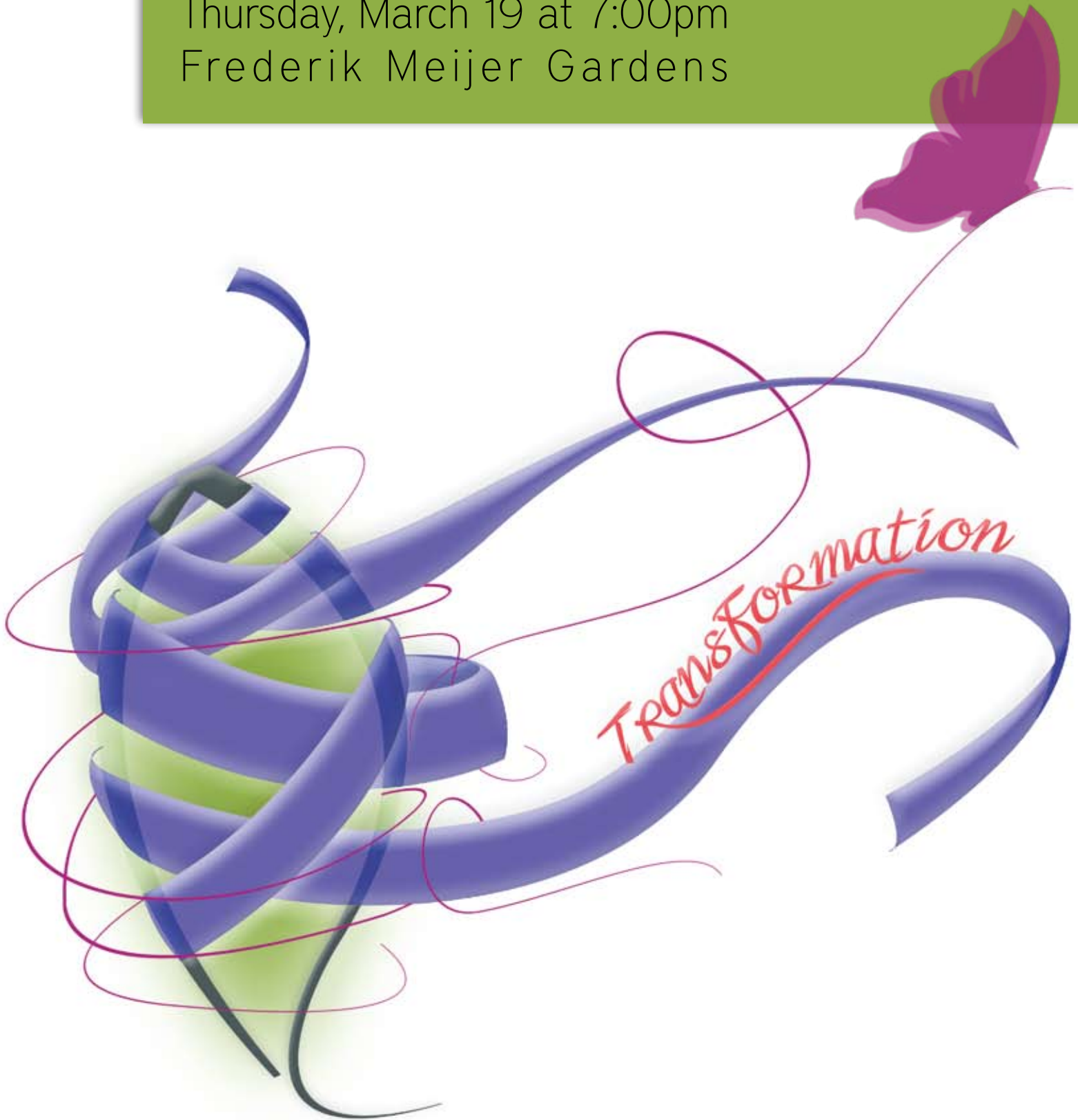
Save the Date:
May 7, 2009

*What's
Happening
in Women's
Ministry this
Summer?*

- ✓ *Summer Bible Study*
- ✓ *Book Club*
- ✓ *Ladies's Day at Gull Lake*

Women's Ministry Fashion Show

Thursday, March 19 at 7:00pm
Frederik Meijer Gardens





Calvary Church
Women's Ministry
PO Box 1600
Grand Rapids, MI 49501

(616) 956-9377
calvary-church.net